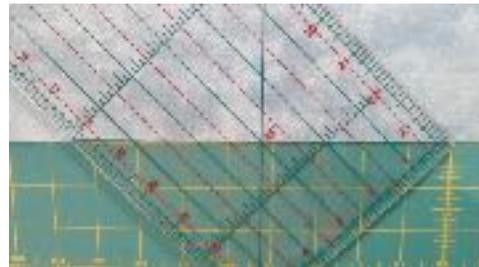# Stitching Together

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Lesson Five - Binding
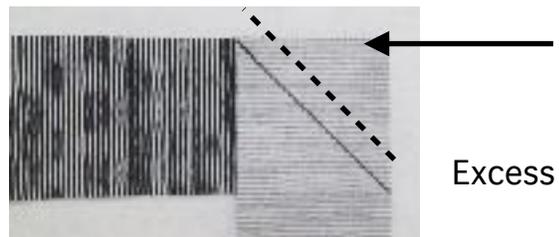
Preparing Bias Binding

1. Lay out Binding strip flat on cutting mat. Place the 45° line of ruler along cut edge.

2. Cut 2 1/4" Bias strips.

3. Lay out strips end to end. Flip one strip over at a 90° angle. Draw diagonal line with a disappearing pen. Sew on drawn line with 2.0 stitch length. Cut off excess 1/4" away. Press seam open.

Excess

4. Fold Binding in half lengthwise, wrong sides together. Press.

Sewing the Binding to Top of Quilt
Turning the Corners
Stitch Length - 3.0

The Fold in the Binding is always towards center of Quilt.

1. Before you start sewing on the Binding, lay out sewn together strips around the quilt to make sure Binding seams are not in the corners. This is avoids extra bulk.

2. Begin by attaching the Binding about halfway down the side of your quilt. Leave about a 5" tail. Raw edges of Binding are even with edge of quilt. Lock with a Back stitch when attaching Binding.

3. With disappearing pen, mark a line the width of your seam allowance from edge of quilt top. For example if your seam allowance is 1/4", draw your line 1/4" from end.
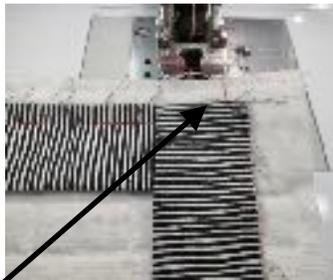
Line →

4. Sew to marked line. Pivot 90° to the right. Sew to just past edge of Binding/Quilt, onto batting.

5. Fold Binding so fold is along top edge. Continue to sew Binding on. Lock stitch. Leave an opening to connect Binding ends and 5" tails.

Fold

Connect Binding Ends Together

1. Fold back both ends of Binding, leaving a small gap between folds (less than 1/8"). Cut off excess Binding 1/4" from fold.

2. Open both ends of Binding flat and place right sides together. Make sure folds line up on top of each other. Pin.
Reduce stitch length to 2.0 (15 stitches to the inch). Sew two ends together on crease. Press seam open.

3. Lay out Binding, right side out, along edge of quilt. Increase stitch length to 3.0. Sew remaining Binding to quilt top.

4. Sew Binding down to back of quilt by hand or machine.