

Stitching Together

Sue Bouchard * sbsuebouchard@gmail.com * 760.419.2334

Lesson One - English Paper Piecing

To clarify the difference between English Paper Piecing (EPP) and Foundation Paper Piecing: In EPP, fabric is basted to geometrical paper shapes and then sewn together along the fabric edges, not piercing the paper with the needle.

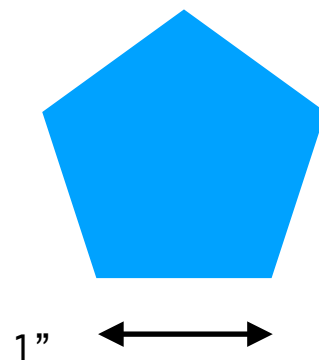
Foundation Paper piecing is best described as a paint by number as the fabric is sewn to the backside of the number printed pattern.

1. Determine what shape to use. For each little quilt use one of the shapes shown. Quantity required is indicated below:



Pentagon - Hexagon - Octagon
(10) (6) (8)

Size of the Shape - Measure one straight side. This is important to know when ordering on-line.



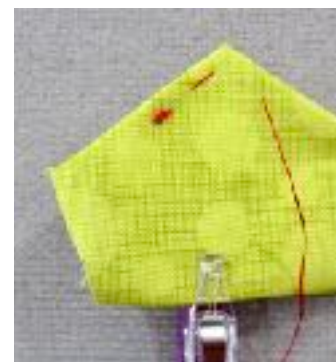
2. Cut your fabric 1/4" larger on all sides of paper shape. Try Fussy Cutting fabrics for a fun look.



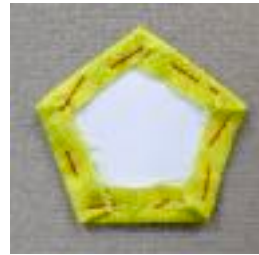
3. Center paper on wrong side of fabric. Secure with a Wonder Clip.



4. To avoid tangling, condition sewing thread with Beeswax. Waxed Linen thread (Used in tailoring) is a great choice for this process, as well. Knot thread. Start sewing from the front (fabric) side of your piece. Push needle straight down through the paper.



5. Sew all edges down flat against the paper. Make sure fabric is folded right along paper piece for accurate shapes. Knot thread on the top side.



6. Lay out shapes in a pleasing order. Number the papers on the back.



7. With right sides together, whip stitch edges together with hand sewing thread.

Do Not Remove Papers!!!

